

Press Kit Winter 2023

NATURELLEMENT PRÉSERVÉ



MANIGOD

Office de Tourisme



Editorial

FIGURES AT A GLANCE

LIFTS : **15**
OF DOWNHILL SKI SLOPES : **25 KM**
LIGHTED SLOPES : **8**
MARKED WINTER TRAIL CIRCUIT : **1**
FARMS : **19**
INSTAGRAM FOLLOWERS : **9.6 K**
FACEBOOK COMMUNITY : **11.6 K**

IN WINTER AS IN SUMMER, MOUNTAINS ARE THE IDEAL PLACE TO RELOAD YOUR BATTERIES AND GET AWAY FROM EVERYDAY LIFE. FROM THE VILLAGE TO THE RESORT, WITH CHILDREN AND FRIENDS, THERE IS NO ROOM FOR BOREDOM IN MANIGOD!

Manigod is a resort on a human scale, a village alive all year round and a natural landscape that has been preserved. With its 125 kilometers of alpine ski runs, the ski area is an integral part of La Clusaz-Manigod.

You can practice a varied skiing ideal for beginners, young people, families and nature ski enthusiasts, while also answering to skiers in search of great skiing. This area is ideal to discover skiing or to improve your skills.

The amateurs of great skiing will be delighted to be able to push the pleasure, skis in feet thanks to the connection with La Clusaz. The snow-covered fir trees on the edges of the groomed slopes offer a moment of escape and to fully enjoy the alpine air.

A CHARMING SKI TOWN,
IDEAL TO DISCOVER SKIING
WITH FAMILY AND FRIENDS
ON FUN AND SUNNY SLOPES.

In Manigod, we live in the heart of the snow-covered mountains in a sublime, natural setting. You can enjoy every moment of the day, living multiple experiences and sharing. It is a preserved site, warm with very good gastronomic addresses.



Manigod is a unique village-station which has kept its authentic and calm aspect.

Very popular with holidaymakers, this village of 1000 inhabitants brings a return to the roots of the vacation. Merdassier / Croix Fry is the obligatory passage to access the slopes and to make the connection with La Clusaz.

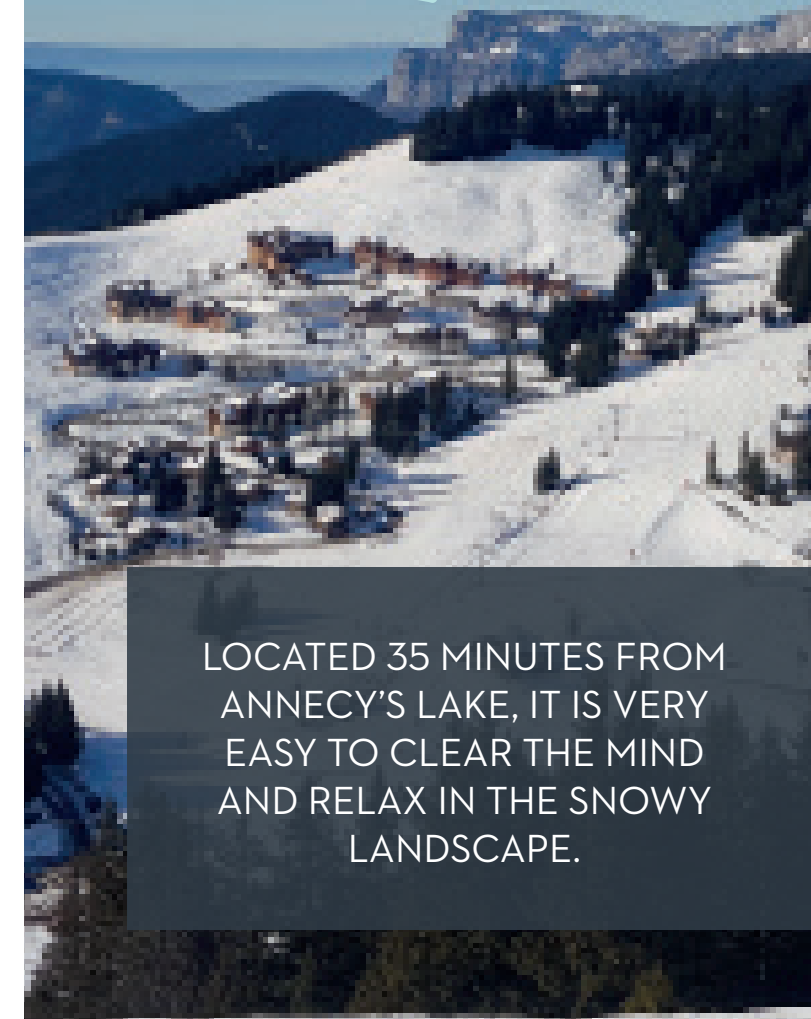
What do holidaymakers prefer? It is the accessible side in terms of price and diversity of activities.

There is something for everyone, for families, for sportsmen, or for gourmets. Accommodations, rentals, packages, activities, shopping, restaurants, it is easy to find what you are looking for at an affordable price.

Manigod also differentiates itself by its innovative events.

**MANIGOD ALSO
DIFFERENTIATES ITSELF BY ITS
INNOVATIVE EVENTS**

*Authentic village
resort of Aravis*



LOCATED 35 MINUTES FROM
ANNECY'S LAKE, IT IS VERY
EASY TO CLEAR THE MIND
AND RELAX IN THE SNOWY
LANDSCAPE.

Fill up on fresh air ...

... and be in a good mood !



#1

Dogsledding

Let yourself be guided, sit in the sled and enjoy an open-air hike like in the Great North. From the Col de Merdassier at 1500m, the scenery is optimal and the experience unique.



#2

Paret

Light, playful, easy to use, it was traditionally used by children to go to the village school by going down the snowy roads. The object is still the same and has thus become the symbol of Manigod and its inhabitants, all generations included. Friendly competitions, open to all, punctuate the winter season at the Col de la Croix-Fry or the Col de Merdassier. The association Le Paret de Manigod is celebrating its 30th anniversary this winter.

#3

Skitouring

Outdoor activity par excellence, Manigod is the corner of paradise for the locals. Le Sulens, La Pointe d'Orsière, la Mandallaz ; these are very popular summits.

Oxygenate yourself in the mountains, work on your coordination and endurance, clear your head, admire the landscapes, ski touring is the best way to explore the immensity of the mountains in winter.

To begin, two marked itineraries allow beginners to try this practice in complete safety from the resort.



#4



Snowtubing

#4

Snowtubing or how to slide with a maximum of sensations and a minimum of effort! Installed in a buoy, you can launch yourself on a secure course. From 3:30 pm to 8 pm, every day during school vacations (except Sunday) and on Fridays and Saturdays outside school vacations.



Snowshoe

#5

Snowshoeing, a sign of reconnection to nature, is a popular activity for all. 8 marked itineraries for all levels to escape alone or with others. Whether you are on your own or accompanied by a guide, you will enjoy this sport.

Yoga

#6

A gentle activity to relax the body, but also to maintain it and do it good. Yoga sessions are held occasionally on the heights of the ski area. Supervised by a professional in an exceptional setting, these moments are ideal for rejuvenation and zenitude.

Cross country ski #7

The Beauregard Nordic domain is a unique place to practice skating and alternative cross-country skiing on more than 25 km. Cross-country skiers can enjoy a breathtaking view of Mont Blanc and the Aravis mountain range.

Lots of experiences are offered to share good times with friends, family and even with your company.

Themed evenings, sledding parties, hot apple juice, marshmallow parties, privatization of the domain ; Manigod has not finished surprising its visitors. Here are some good reasons to get out of your house at nightfall.

Privatization of the ski area at night for companies and groups from 895€.

THEMED EVENINGS:

4 THEMED EVENINGS AVAILABLE WITH THE MANIGOD NIGHT SKI PASS.

- 7 Saturday **Disco Party**
January
- 21 Saturday **Sledding party**
January
- 4 Saturday **Superheroes' Night**
February
- 17 Friday **Sledding parties**
February
- 24 Friday **Sledding parties**
February
- 11 Saturday **Surprise theme**
March

With 8 lighted runs, the ski area of Manigod is the largest night skiing domain in Savoie Mont-Blanc. Open from 4:30 pm, it is the place to enjoy the snow and ski under the starry sky.

**OPENING OF THE SKI AREA THE 17TH OF
DECEMBER 2022**

PORTRAITS OF LOCALS

Bernard Josserand

Director of the Manigod ESF for 38 years, Bernard Josserand is the emblematic personality of skiing. Born in Manigod, he has lived through the evolution of learning techniques and the needs of the clientele.

His credo: quality. The ESF now has a hundred or so Bernard instructors, an engaging personality and a lover of the Manigod mountains.



Hugo Lanalus

He started downhill skiing at the age of 6 and at the age of 12, he chose to turn to cross-country skiing, a sport that better met his expectations. For his first Olympic Games, **he won the bronze medal in Beijing in 2022** and became a Knight of the National Order of Merit.



Théo Schely

He started skiing at the age of 5 on the slopes of Manigod. Since then, he has pursued his passion for sports by training with his teammates to shine in competitions. **Number two of the world in relay in 2022**, his goal for 2026 : the Olympic Games in Milan.



Angèle Laubignat

She is originally from Vendée and fell in love with Manigod. In 2018, with her husband, Benjamin Billarant, she took over the old garage in the village and transformed it into a **coffee shop**, delicatessen, wine cellar, lounge and **concept store**. The originality of the place ? Its magical view, and the fact that all the **objects visible in the café are for sale**, whether it is the furniture, the lamps or many interior decorations. Lo Garâjo has become the place of life and exchange of the inhabitants.





MANIGOD

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WINTER EVENTS

DÉCEMBRE

- du 18 au 25 La Magie de Noël
- 29 La ronde du Grand Crêt
- 30 Paret's Championship
- 31 New Year's Eve
& Fun and Frosty Descent

JANVIER

- du 1^{er} au 7 Belgium in the spotlights
- 13 & 27 Paret's Championship
- 3 & 24 Championnat de Paret
- 22 Étoile de Manigod

FÉVRIER

MARS

- 5 Suly Ski Trail
- 11 Final of Paret Championship
- 11 Aigle Blanc Trail